



TOOWOOMBA  
**HOSPITAL**  
*foundation*

SUPPORTING  
**DARLING DOWNS**  
**HEALTH**

2024

**CALENDAR**



# JANUARY 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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Public Holidays Public School Holidays



# Make 2024 your year!

We love a good new year's resolution from starting or prioritising hobbies, spending more time with loved ones, and making time for yourself there's no shortage of rewarding goals you can set in 2024.

One of the most satisfying things you can do this year is write your Will. Not only will you check off one of life's most important admin tasks, but you'll also achieve the great feeling of knowing that your loved ones and assets will be looked after.

We've partnered with Gathered Here to offer you a free and easy online Will writing service that can take you only 10 minutes. There's no better gift to leave than one of support, care, and compassion and should you choose to leave a gift in your Will to Toowoomba Hospital Foundation you'll be helping us make a difference in the lives of those in the care of Darling Downs Health.

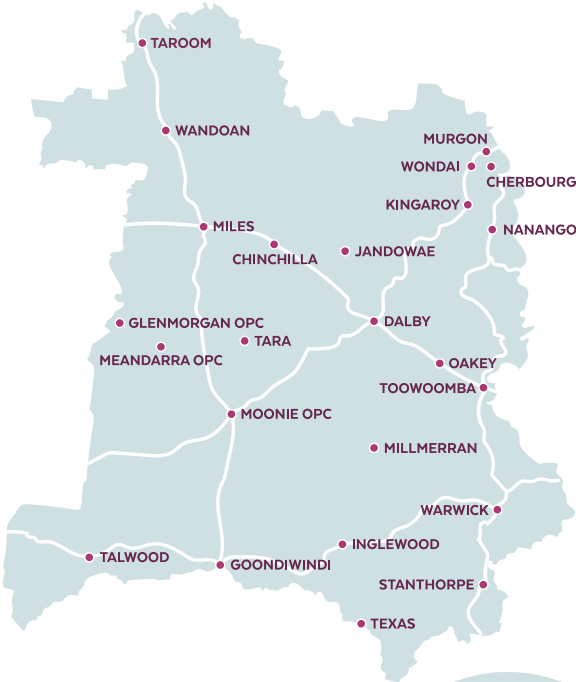


**Scan the QR code to  
start writing your Will**

# FEBRUARY 2024

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Public Holidays   Public School Holidays





## For our whole region

From Toowoomba to Taroom and Goondiwindi to Murgon, and everywhere else in-between, Toowoomba Hospital Foundation raises funds for 29 hospitals and health facilities across the Darling Downs.

Through providing vital equipment, supporting services, and funding staff training we aim to help our rural hospitals continue to care for their patients closer to home.

**In 2022-2023, we approved \$126,247.19 to go towards enhancing rural health services across the Darling Downs Health service region.**

# MARCH 2024

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## Donated trolley to give patients a smoother ride

Patient safety and comfort have been enhanced further at the Toowoomba Base Hospital with the addition of a new patient trolley.

Specifically designed to counter rough terrain and varying surfaces, the trolley keeps the patient as stable as possible while being transported between wards, emergency vehicles and Care Flight helicopters.

Valued at \$500, the trolley was donated to the hospital in a joint venture between the Queensland Fire and Rescue Authority (Toowoomba),

the Toowoomba Hospital Foundation and the City Golf Club.

Charity golf days have proved a popular way of raising much-needed funds for numerous services throughout the region.

Peter Rookes, of the Toowoomba Hospital Foundation, said that thanks to the generosity of the Fire and Rescue Service, patients from premature babies in incubators to burns victims could be more safely transported, saving time and possibly lives.



**JOLLY TROLLEY:** Inspecting the new patient transport trolley at Toowoomba Base Hospital yesterday are (from left) Freda Cooney of OHC Special Care Nursery, Hospital Foundation chairman Michael Byrne, Brian Clelland and John Wensley of the Fire and Rescue Service, City Golf Club president Ed Brinwell, and Toowoomba Base Hospital manager Neil Fitzpatrick.





## Fired up for Annual Charity Golf Day

This year we're celebrating 28 years of teeing off with the Queensland Fire and Emergency Service at our annual Furies Charity Golf Day.

First taking to the golf course in 1996, this much-loved event has raised an incredible \$154,048.49 in support of funding life-saving equipment for the Toowoomba Hospital Emergency Department.

**The very first donation made to Toowoomba Hospital from funds raised at the first golf day helped to fund a new patient transfer trolley valued at \$3,500 in 1997. With the most recent items purchased including a patient transfer scale, a jaundice meter, and a tono-pen totaling nearly \$20,000.**

The Furies dedication over the years has made the Furies Charity Golf Day our longest running event – here's to another 28 years of hole-in-one fundraising for the Emergency Department!



# APRIL 2024

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# Catering for your Wellbean

Proudly owned and operated by Toowoomba Hospital Foundation, Wellbean Co has been bringing good food and doing good for our community since 2019.

With all profits going directly back into supporting the work of Darling Downs Health we're taking feel good food to a whole new level.

So, next time you're looking to cater your team meeting, work lunches, staff training, conferences, or functions, let Wellbean do all the heavy lifting. From breakfast, lunch, finger foods and drinks our team can deliver anywhere in Toowoomba or you can also pick up from our cafés at Toowoomba Hospital, Baillie Henderson Hospital, and Kingaroy Hospital.

Let us cater for your Wellbean!



**Scan the QR code  
to order now**

# MAY 2024

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## By golly! What's a vollie?

Affectionately known as 'vollies' the Foundation is fortunate to have the support of many volunteers who give their time and talents across our different initiatives, programs, and projects.

In May, we celebrate all things volunteering and shine the spotlight on our vollies during National Volunteers Week from the 20-26 May.

Each year our volunteers gift over 14,000 hours of their time and talents to supporting the Foundation and Darling Downs Health. From helping with day-to-day activities in our office and fundraising at our events, to supporting patients and assisting hospital departments; volunteers play an important role in helping us raise funds and create lasting moments of support, compassion, and distraction in our hospitals.

If you're interested in becoming a vollie we'd love to hear from you!



**Scan the QR code to  
register your interest**

# JUNE 2024

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# Are you end of financial year ready?

The end of the financial year is here again, so now's the time to make the most out of those tax benefits!

Each year our EOFY Appeal supports an area or department of Darling Downs Health most in need and is a wonderful way for businesses, corporates, and our community to support a great cause and receive a tax benefit.

Since first launching our Appeal in 2020 our community has helped to raise an incredible \$710,149.92 in support of Mental Health, Cardiology, Oncology services, and the Emergency Department.

Feel good vibes from supporting the work of Darling Downs Health and it's tax-deductible? Win-win!



**Donate to our  
EOFY Appeal today!**

# JULY 2024

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## Crafters bring comfort to patients

Nothing beats a handmade gift, especially when you're feeling unwell, going through treatment, or injured.

**Each year our incredible community of crafters donate nearly 2,000 items which are gifted to patients throughout the Darling Downs Health Service.**

From quilts and blankets, beanies and scarves, to soft toys and premie baby clothing sets, these lovingly crafted gifts are continuing to bring joy to cancer and renal patients, nursing home residents, new mums and their bubs, sick children and families in need.

We are constantly blown away by the generosity of individuals, families, communities, and businesses who give what they have to benefit those in need.



# AUGUST 2024

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## Keeping care closer to home

If you've got the itch to do some travelling and want to explore more of your own backyard (and even the neighbours), our Great Western Road Trip is the perfect family holiday all while helping to raise funds in support of our rural health services.

Since 2020, our road trippers have raised over \$350,000 to purchase vital equipment for our rural hospitals right across the Darling Downs. From equipping Nanango Hospital with their first Ultrasound System using funds raised from our first road trip to raising over \$126,000 in 2023 to purchase the wish list items of 15 local hospitals – the Great Western Road Trip is helping our hospitals continue vital services so that our communities can receive care closer to home.



The route is a secret, the food is included, the activities are planned, and the fundraising is a blast – join us on the October long-weekend and support an incredibly important cause.



**Find out more**

# SEPTEMBER 2024

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TOOWOOMBA  
**HOSPITAL**  
foundation

Sunflowers for spring? How Sunny!

flip page to  
learn more



# Sunflowers for spring?

## How Sunny!

Spring is in the air and our mascot Sunny is soaking up our region's gardens and floral displays.

Sunny loves to get out and about, meeting people, and of course bringing smiles to patients, residents, and visitors to our local hospitals and nursing homes.

Did you know that a young sunflower's face follows the sun from sunrise to sunset every day until they become mature sunflowers – that's why you'll always see Sunny shining bright and bringing the warmth of the sun to our community and patients.

**Next time you see Sunny out and about make sure to grab a picture and tag us on Facebook or Instagram!**



@toowoombahospitalfoundation



@toowoomba\_hospital\_foundation

# OCTOBER 2024

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**Purchase a paver to  
support the Museum**



# Health history preserved in new Museum of Health

**With over 3,000 items in our Museum of Health collection, we're excited to bring the rich stories of our region's history of medicine and healthcare to life.**

Dating from the late 19<sup>th</sup> century to the early 21<sup>st</sup> century, the Toowoomba Hospital and Baillie Henderson Hospital collections represent the evolution of healthcare and mental healthcare in Queensland.

The objects, photographs, memory and lived experiences of patients and staff across communities and time have now been curated, cared for, and stored for future generations. With a selection of artefacts on display for Toowoomba, the Darling Downs, and Australia to experience and reflect in the historic Medical Superintendent's House along Hogg Street in the grounds of Baillie Henderson Hospital.

To keep up-to-date with the latest news about our Museum of Health make sure to follow us on Facebook!



@museumofhealth

# NOVEMBER 2024

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## Giving back to those in need

Opening presents, Christmas lunch, eating way too much chocolate and spending time with friends and family is what makes the festive season so special, but there's many within our community who go without on Christmas Day.

In what is undoubtedly our most important event in our Foundation calendar, Neighbourhood Christmas is a chance for us and our community to give back and spread joy to those struggling, doing it tough, spending Christmas alone or unable to celebrate this special day.

For many struggling families and individuals, coming to our Luncheon is the only chance they'll get to celebrate, share a meal, enjoy Christmas treats, and receive gifts from Santa.

If you'd like to support our Neighbourhood Christmas Luncheon or if you're a community group, organisation, service provider or crisis accommodation who works with vulnerable and at-risk people within Toowoomba, we'd love to hear from you.



**Get in touch with  
us today**

# DECEMBER 2024

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## **‘Tis the season**

The countdown to Christmas has officially begun! We've decked the halls, checked our lists, and are now ready for Santa Claus and his reindeer.

Christmas gift donations are a fantastic way to get into the season of giving and give back to your local community, whether it's for yourself or made as a gift for someone you care about.

Our Toowoomba Hospital Christmas Appeal is the perfect opportunity to support the life-saving and life-changing work of Darling Downs Health this Christmastime, with all funds raised going towards an area of the hospital most in need.

So, if you're checking off your list, or have only just started writing it, consider adding Toowoomba Hospital Foundation to help us bring the joy of Christmas to patients and families of our hospitals.



**To find out more  
visit our website**



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