



TOOWOOMBA
HOSPITAL
foundation

Year in Review
2016/17

no one has ever
become poor
by Giving

PUBLIC AVAILABILITY

An online version of this document is available on our website
www.toowoombahospitalfoundation.org.au

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To view our 2016/17 Annual Report including financial statements, please visit
www.toowoombahospitalfoundation.org.au

ACKNOWLEDGEMENT

The Toowoomba Hospital Foundation would like to acknowledge the ongoing support of the Darling Downs Hospital and Health Service Board, Executive Team and Staff whom we work closely on a daily bases. We would also like to acknowledge the DDHHS Media and Communications team, who assisted with information and photos for this Year in Review.



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WHO WE ARE

The Toowoomba Hospital Foundation supports the community by helping to improve local health facilities and services at the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home.

OUR VISION

Connecting with our community to assist our local hospitals.

OUR VALUES



HOSPITAL

We are active, enthusiastic and accountable. We make things happen and take pride in our contribution to the community.



COMMUNITY

We connect with our community, our sponsors, donors and partners to respond to the needs of our hospitals.



FOUNDATION

We are compassionate and we inspire compassion in others through the stories of the people in our community and the accomplishments of our hospitals.

“We make a living by what we get, but we make a life by what we give.”

-WINSTON CHURCHILL



FACT

Established 25 years ago, the Toowoomba Hospital Foundation has contributed more than \$9 million to support our staff, our patients and their families.

2016/2017 SNAPSHOT

OUR YEAR IN NUMBERS:

From attending events to business sponsorships, from fun runs/walks to volunteering your time and everything in between... there are so many ways that you helped

\$88,962

Funding provided for health and medical research



\$87,699



Funding for professional development, training and education of hospital staff

\$949,372

Total funding provided to Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home



\$241,869

Funding provided for equipment, resources and facilities



\$70,891

Funding provided for scholarships



\$87,793

Funding provided for special projects and programmes



An additional **\$198,933** of funding and support was also given during this financial year.

This was only made possible by the generosity of our community of sponsors, volunteers, contributors and supporters. Thank you!

VISIT

www.toowoombahospitalfoundation.org.au

to stay up to date with all of our news and to learn more about the impact of your support.



A message from our Chairman

As I reflect upon another year, I am reminded again of what a privilege it is to be chairman of the Toowoomba Hospital Foundation, an organisation that makes a huge difference on a daily basis to the lives of patients and their families and the staff in our hospitals and facilities.

Thanks to the generosity of our donors, sponsors and supporters, I am very proud to be able to say that in the 2016/2017 year, the Toowoomba Hospital Foundation was able to contribute \$949,372 to the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home and local health services.

With the hospital staff, patients and their families at the forefront of what we do, these funds have enabled the Foundation to meet the needs of our growing health service and provide life-saving equipment and resources, staff development opportunities, and research funding.

I am struck by the number of exciting events and successes the Foundation has seen through in the last financial year.

This has been the first full year of operation under the guidance of Alison as the CEO.

Whilst the basic mandate of the Foundation remains unchanged, many aspects of the Foundation's day-to-day focus have been revamped to streamline our activities.

This is certainly not a one man show, and as such, the Foundation is indebted to our wonderful team who have worked tirelessly in an effort to meet the needs of our health service and its staff. Our longer standing staff members continue to contribute to the ongoing success of the Foundation whilst the newer members of the team have taken up the baton and run with it to make their very own special contributions.

It has been my pleasure and privilege to have had the opportunity to attend some conferences with our entire staff. This has enabled me to see first-hand how dedicated they all are to what we do here at the Toowoomba Hospital Foundation.

Our success also depends on some additional wonderful people: our generous donors and volunteers, our business sponsors, and above all else, the staff, patients and their families that can be found in the walls of our hospitals and facilities and inspire us all.

I also would like to thank my fellow Board Directors for their dedication and the skills and experience they contribute to the successful running of the Foundation.

It is a huge honour to be chairman of this great Foundation, one that I greatly enjoy. We have much planned for the coming 12 months, and I so look forward to sharing the successes of our future with you.

Raymond F. Taylor | CHAIRMAN



A message from our CEO

Well what a year this has been and as my first full financial year as CEO of the Toowoomba Hospital Foundation, I am extremely proud to present to you our Year in Review detailing our achievements.

This year's funding contribution to the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home sees our total funding contribution since our inception reach a mammoth \$9.1 million, a figure we are extremely proud of.

There have been a number of highlights from our fundraising calendar this year and here is just a snapshot;

We hosted two new key events: the very successful Women of Strength event with inspirational speaker Turia Pitt, which sold out in just over four days, and our Legends at their Game event with Broncos Captain and NRL Mental Health Ambassador, Darius Boyd.

Continued support from Fitzy's very successful MJH Advisory Colour of Change Luncheon enabled the Foundation to purchase state-of-the-art imaging technology for the local BreastScreen service valued at \$75,000.

Funds raised from the 2016 Harvey Norman Birthday Sale, inclusive of donations from previous years, saw the purchase of a continual foetal monitoring system for the birthing suite valued at over \$59,000 – a much needed addition for expectant mothers who want to remain mobile during labour.

Toowoomba's Christmas Wonderland remained a huge supporter of the Foundation with \$32,000 donated to the Foundation following the 2016 event – the largest amount to be raised from the event for the Foundation thus far.

The Foundation was also proud to invest in special technology for the assessment of patients with bleeding issues including a \$37,000 ROTEM machine (a first for the Toowoomba Hospital) and a \$22,000 PFA Analyser. Both of these pieces of equipment allow staff to rapidly assess patients which will no doubt save countless lives.

I would like to applaud our invaluable army of supporters, sponsors and volunteers for remaining committed to the Toowoomba Hospital Foundation. You make what we do possible so thank you.

To the wonderful Foundation team, thank you for your unwavering dedication to the work that we do.

I would also like to acknowledge the leadership of our Chairman, Raymond Taylor, and the contribution of our Board Directors.

As we look to the new financial year we continue to invest in new opportunities to create sustainable growth for the Foundation and we look forward to introducing you to some of these initiatives in the coming year.

Alison Kennedy | CHIEF EXECUTIVE OFFICER



OUR BOARD

The Foundation is governed by a voluntary Board of Directors who give of their time freely, and without remuneration. Together with the CEO and Foundation team, the Board develops and oversees fundraising projects with an emphasis on raising awareness of the needs of the hospital and health service.



OUR TEAM

Chief Executive Officer Alison Kennedy continues to bring very strong skills in sponsorship, corporate relations and donations to the Foundation team to continue building the Foundation's fundraising activities and business supporters. Creating a sustainable trajectory of growth remains a focus for Alison and the entire Foundation team.

Events and Sponsorship Officer Jasmine Quarman, spearheads the Foundation's events calendar, continuing to bring new event ideas to life and gaining continual support from our very generous business community.

Di Tate recently joined the team as our **Office Administrator** and is the first lovely face you will see when you enter the Foundation office.

Business Manager Anna-Louise Sauverain, otherwise known as AL, continues to be Foundation's number whiz, managing all financial and business aspects of the Foundation.

Fundraising Administration Assistant Libby Coghlan supports Jasmine in her role.

Our Digital Marketing Officer Anna Jones continues to look a new opportunities of growth for the Foundation's fundraising efforts through digital channels and other marketing initiatives.

Relationships Manager Rosemary Davis, fondly referred to as RD within the walls of the office, continues to manage all donors and stakeholders related to the Foundation.

HOW YOUR SUPPORT HELPS

Our Events

The Toowoomba Hospital Foundation's fundraising efforts are buoyed by a full schedule of events each year. Our events connect us with businesses, the community and service groups who all work together to ensure we continue to hit our fundraising goals.



Women of Strength JULY 2016

Inspirational women, Turia Pitt, visited Toowoomba in July 2016 to share her story of survival after she suffered horrific burns in a bush fire while running an ultra-marathon in 2011. Selling out in just four days, the event quickly became the talk of Toowoomba, with the event supporting the Toowoomba Hospital's Emergency Department, an area close to Turia's heart. Turia's heartfelt and humorous account of her journey was greatly enjoyed by the 460 ladies who attended.



Heroes and Villains Run/Walk AUGUST 2016

The first annual Heroes and Villains Run/Walk was held in August supporting the Toowoomba Hospital Orthopaedic Unit. Just over 100 superheroes and villains turned out to enjoy the event and support the Foundation.



Pop Up Paint Along SEPTEMBER 2016

We raised just over \$3,600 for the Mt Lofty Heights Nursing Home at the Pop Up Paint Along with our mate Anna Bartlett from Shiny Happy Art. Close to 100 ladies attended the morning enjoying nibbles and champagne as they worked to create their own artistic masterpiece.

Thank you to our volunteers, sponsors and contributors who made these events possible - we couldn't have done it without you.



Melbourne Cup NOVEMBER 2016

The Melbourne Cup Luncheon hosted by our mates at Urban Grounds Café was yet again a roaring success, as 100 guests enjoyed a day of fine food, champagne, fashion and racing. Money this year was raised to go towards the new children's outpatients waiting area at the Toowoomba Hospital. Thanks to Urban Grounds for their continued support of this fantastic event which raised just over \$4,200.



Neighbourhood Christmas DECEMBER 2016

Another new event added to the Foundation's events calendar, the Toowoomba's Neighbourhood Christmas was hosted with Event Sponsor Metro Church Toowoomba to provide a Christmas Day like no other for those who may not have otherwise had the opportunity to celebrate the day. Over 150 guests attended the day, getting treated to a three-course Christmas Day lunch, with plenty of presents for the kids. Metro Care generously teamed up with the Foundation to provide Loads of Love bags (full of non-perishable goods) to the families and individuals who attended. This was such a fabulous community event and a way for the Foundation to give back to a community that so generously gives. Looking forward to the 2017 event already.



Legends at their Game

MARCH 2017

The inaugural Legends at their Game event was held in March with Event Partner Russell Mineral Equipment – RME. Guest speaker, Brisbane Broncos Captain and NRL Mental Health Ambassador, Darius Boyd, spoke to guests about his experience dealing with mental illness. The event raised just over \$10,000 for the Toowoomba Hospital's Mental Health Unit. A great effort!



Zombie Walk

MARCH 2017

Zombies took over the streets of Toowoomba again this year as the fourth annual Zombie Walk got underway. Raising funds for the 2017 Triple M Give Me 5 For Kids (GM5FK) Appeal, participants ranged from zombie nurses, to zombie brides, zombie slayers to flesh-eating peacekeepers, and everything in between. An incredible \$7,630 was raised, and we thank Event Sponsor Hip Pocket Workwear for their support.



Teddy Bears' Picnic

JUNE 2017

Our Kath Dickson Family Centre Teddy Bears' Picnic returned in 2017 to provide a fun, family day out for families and their beary special friends. The wonderful morning saw the cuddliest of Toowoomba residents come out to play. Thanks to support from Event Partner Kath Dickson Family Centre and those who supported the event, over \$6,000 was raised for the Triple M GM5FK Appeal.



Ladies Diamond Luncheon

JUNE 2017

Our fifth annual Lannah Dunn Ladies Diamond Luncheon at Gips Restaurant was a huge success, raising \$15,000 towards this year's Triple M GM5FK Appeal. One lucky lady took home \$5,000 of diamond jewellery thanks to our Event Partner Lannah Dunn.

HOW YOUR SUPPORT HELPS

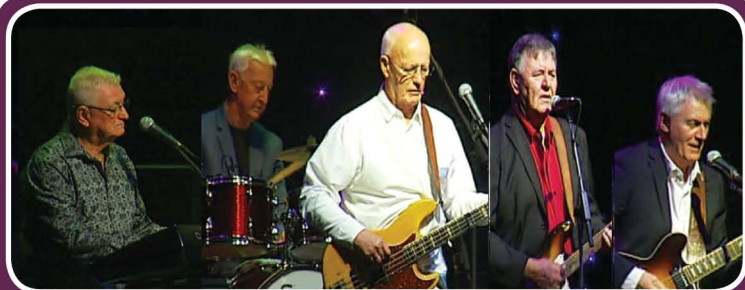
Working with our mates events

We are incredibly lucky to be supported by some amazing organisations that hold annual events whereby THF is the sole or in-part beneficiary of funds raised. THF are also lucky enough to support a number of fantastic organisations who are making a real contribution to our community.



It's A Bloke Thing Luncheon AUGUST 2016

Each year, the Foundation team get involved with the It's A Bloke Thing Luncheon, selling raffle tickets to raise money for local men's health services at the Toowoomba Hospital. This year we raised **\$7,415**



JB's Cabaret

SEPTEMBER 2016

JB's Cabaret returned to wow guests with performances from home-grown artists Chapter III and a number of other bands at Rumours International Toowoomba for one night only.

\$6,748 was raised from the evening.

Fossil Downs Rodeo

SEPTEMBER 2016

Held each September, the Fossil Downs Rodeo was hosted for the 9th time in 2016, raising **\$5,590** for the Toowoomba Hospital's renal and oncology units.



MJH Advisory Colour of Change Luncheon OCTOBER 2016

Each year, Fitzzy's host their Colour of Change Luncheon supporting local BreastScreen services. A phenomenal

\$50,000 was raised in 2016.

Fitzzy's Feast

NOVEMBER 2016

NRL superstar Corey Parker visited Toowoomba to speak at Fitzzy's Feast – raising funds for local men's health services at the Toowoomba Hospital.

The annual event raised

\$6,430.



Toowoomba Hospital Ball

DECEMBER 2016

The Toowoomba RMO Society held their annual Toowoomba Hospital Ball raising **\$1,035** for the Toowoomba Hospital Foundation.



Xmas 4 Kids Car Cruise

DECEMBER 2016

A new event for the Toowoomba Hospital Foundation, the Xmas 4 Kids Car Cruise raised **\$2,000** for sick kids in the Toowoomba Hospital and provided gifts to the children who attended the Neighbourhood Christmas event.

Santa Run

DECEMBER 2016

Held with our mates Variety – the Children's Charity (Queensland), close to 150 Santa's became a 'clause for a cause' raising **\$5,000** for the Toowoomba Hospital paediatric unit.



A Christmas Wish DECEMBER 2016

Each year, the Toowoomba community is treated to the gift of dance at the annual 'A Christmas Wish' concert. The 15th concert was held in 2016 raising funds for the Toowoomba Hospital's Children's Appeal.

Toowoomba's Christmas Wonderland

DECEMBER 2016

A phenomenal **\$32,000**

was donated to the Toowoomba Hospital Foundation from the 2016 Toowoomba's Christmas Wonderland – the largest amount to date.



One Wish One Cure

DECEMBER 2016

The One Wish One Cure annual ball gives guests a night of glitz and glamour as they support children and their families living with Juvenile Type 1 Diabetes. The night raised **\$31,533** in 2016.



La Bonne Vie

MARCH 2017

The annual La Bonne Vie Luncheon was held at Gip's Restaurant raising funds for Toowoomba's BreastScreen service. The day saw **\$6,112** raised to help with breast cancer awareness and support for women in our region.

Highfields Pioneer Village Easter Vintage Festival

APRIL 2017

We raised **\$3,693** through the BBQ at this year's Highfields Pioneer Village Easter Vintage Festival with over **9,000** people visiting the festival and enjoying the all-important Aussie tradition, the sausage sizzle.



Fossil Downs Bush Barrel Races

APRIL 2017

The Fossil Downs Bush Barrel Races was held for the 2nd time in 2017, raising **\$2,087** for the Toowoomba Hospital's paediatric unit.



BreastScreen High Tea & Fashion Parade

May 2017

It was a day of high tea and fashion when the Foundation hosted the annual BreastScreen High Tea & Fashion Parade with BreastScreen, raising **\$3,205** for the local service.



GOLF DAYS

MYLONAS RICHTER GOLF DAY

The annual Mylonas Richter Golf Day, held in honour of Steph Mylonas and Stacey Richter, raised close to **\$2,870** for children's health at the Toowoomba Hospital in 2016,

OIL PATCH GOLF DAY

The annual Oil Patch Golf Day saw golfers from across the mining sector come together for a round of golf with **\$2,415** raised for the Toowoomba Hospital Foundation.

LEON TREADWELL GOLF DAY

2017 saw the 10th Anniversary Leon Treadwell Memorial Golf Day held in honour of Leon Treadwell who lost his life to cancer at the young age of 32. This fantastic day raised **\$8,000** for the Toowoomba Hospital Oncology Unit.

FIRIES GOLF DAY

The 21st annual Firies Golf Day raised **\$4,414** for the Toowoomba Hospital's Emergency Department.

GIVE ME 5 FOR KIDS GOLF DAY

The Give Me 5 For Kids Golf Day was held on Friday, 16 June with over 100 golfers attending to support sick kids. **\$12,000** was raised on the day.

"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has."

-Margaret Mead

OUR YEAR IN NUMBERS



9 TOOWOOMBA
HOSPITAL
FOUNDATION
EVENTS



20
WORKING
WITH OUR
MATES EVENTS



WE WERE HELPED
BY OVER

200
BUSINESSES



AND WERE ASSISTED BY
30 REGULAR
VOLUNTEERS
WHO GAVE **200** HOURS
OF THEIR TIME

1,800

PEOPLE

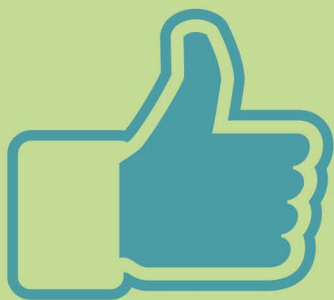
attended our events

98,000

PEOPLE

attended our mates events

IN THE MEDIA



Our FB page reached approx. **50,000** people per month

On average, **138** people engaged with us via Facebook each day

**WE
NOW
HAVE**



3,400

FACEBOOK FOLLOWERS
AND GROWING



650

INSTAGRAM FOLLOWERS
AND GROWING



THIS YEAR

WE ALSO STARTED THF NEWS

\$14,980

was given to support
Art & Music Therapy programs for the
Child Youth Mental Health service

WE FUNDED TWO EQUIPMENT FIRSTS FOR THE TOOWOOMBA HOSPITAL:

\$37,000

ROTEM (Rotational Thromboelastometry)
Sigma Bleeding Management System
for the Anaesthetics Department

\$60,000

High-level disinfection system
for the Cardiac Investigations Unit

We also funded cutting edge 3D mammography software for BreastScreen Toowoomba, valued at **\$75,000**.
BreastScreen Toowoomba are now the only service in Queensland to offer this technology.

\$26,597

given to the

Cancer Care

\$18,487

given to the

Maternity/
Birthing
Suite

\$86,451

given to the

Emergency

\$18,530

given to the

Adolescent
Mental
Health

\$79,668

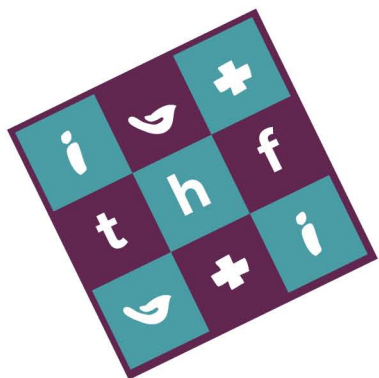
given to the

Local
BreastScreen
Service

\$88,588

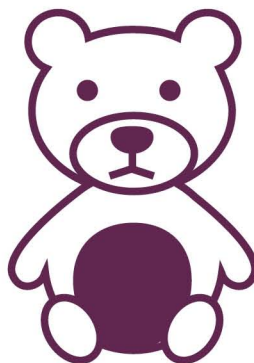
given to the

Children's
Health



500

BLANKETS AND QUILTS GIVEN
TO PATIENTS FROM OUR
DEDICATED KNITTERS &
QUILTERS



1,000

CUDDLY BEARS RECEIVED
AND GIVEN TO SICK KIDS

\$70,000

ALONE WAS RAISED THROUGH THE
2017 TRIPLE M GIVE ME 5 FOR KIDS APPEAL*
*according to preliminary reporting

HOW YOUR SUPPORT HELPS

Around the health service



New technology helping BreastScreen Toowoomba patients.

Thanks to our mates at Fitzzy's Toowoomba, BreastScreen Toowoomba became home to new cutting edge mammography software at the beginning of 2017.

The funds used to purchase the software were raised through the annual MJH Advisory Colour of Change luncheon hosted by Fitzzy's. The luncheon raised a staggering \$50,000 in 2016, and over \$40,000 in 2015. Started seven years ago, the luncheon has raised a total \$232,000 since it began to raise awareness of breast cancer and support the local BreastScreen Toowoomba service.

Chief Radiographer Jenny Drake said the Mammomat Inspiration software, valued at \$75,000, had upgraded the service's 2D mammography machine, allowing it to perform tomosynthesis, or 3D mammography.

"It will be of great benefit in cases where we need to take a closer look after a client has had a regular screen, because tomosynthesis allows us to see small cancers more easily, especially in clients with dense breast tissue," Ms Drake said.

"This technology is becoming widely used throughout Australia for the assessment of women who have been recalled after screening and we are very happy to have such a valuable diagnostic tool at our finger tips."

Toowoomba Hospital Foundation CEO Alison Kennedy said the Foundation was delighted to support the purchase.

"Being recalled after having a breast screen can obviously be a very stressful experience, but having this software will help the BreastScreen team to do additional assessments quickly and more accurately," Mrs Kennedy said.

"I'd like to congratulate the team at Fitzzy's who do a fabulous job with the Colour of Change luncheon each year, and also the people who attend the event, because it's their support that make things like this possible."



New technology helps mums-to-be thanks to Harvey Norman Toowoomba

The Toowoomba Hospital birthing suite received two new machines which assist the mobility of women in labour.

The Avalon Cardiotocographs, valued at over **\$59,000**, provide continual foetal monitoring whilst allowing full movement for women in labour with no cables connecting to the machine.

This means women are able to move freely between rooms, and for example have a shower, without having to cart a machine with them.

Funds used to purchase the machines are a result of the yearly Harvey Norman Birthday Sale.

The annual tradition raised nearly \$9,000 in 2016, bringing the total amount of funds donated by Harvey Norman in the last five years to \$65,000, allowing the purchase of these state-of-the-art machines.

THANKS HARVEY NORMAN!

Giving hearts a jump start



Hearts at the Toowoomba Hospital can receive an extra jump start should they need it thanks to four new Lifepak Express Defibrillators.

These defibrillators, valued at approximately \$1,500 each, can provide a life-saving electrical impulse to the heart in the event of cardiac arrest, before professional medical assistance arrives.

The units, purchased by the Toowoomba Hospital Foundation, are specifically designed to be used by non-medical first aid providers, providing step-by-step voice commands on how to use the unit, meaning that anyone can help save a life.

Toowoomba Hospital Foundation CEO Alison Kennedy said the purchase of the machines was a no-brainer for the Foundation and would directly lead to saving more lives.

"Knowing these machines are available in areas where it would be difficult to immediately treat someone having a cardiac episode gives us peace of mind that treatment can be immediately available in these critical situations,"

Mrs Kennedy said.



Funding boosts Anaesthetics Department

Toowoomba Hospital patients are now benefitting from a new state-of-the-art device which works to rapidly assess patients with bleeding issues and deliver faster treatment.

Valued at \$37,000, the ROTEM (Rotational Thromboelastometry) Sigma Bleeding Management System is a recognised point-of-care testing device which allows for the rapid assessment of why a patient is bleeding and how to stop it.

Donated blood is a precious resource, and ability to provide treatment so rapidly allows for more optimal use of blood products.

The device, which has been funded by the Toowoomba Hospital Foundation and costs \$7,800 a year to maintain, is the first testing device of its kind to be in the Toowoomba Hospital.

“Traditional laboratory blood tests to assess a patient’s status can take up to an hour to produce results which indicate the best treatment,” Lynn Abraham, Toowoomba Hospital Deputy Director of Anaesthetics, said.

“With the use of the ROTEM machine, we can cut this time down to between 10-20 minutes, therefore reducing delays for the patient and delivering targeted therapy improving outcomes.

“The ROTEM device allows for more holistic care to be delivered to patients, particularly for pregnant women and cancer sufferers.”

Alongside the ROTEM, a \$22,000 Platelet Function Analyser (PFA) has also been purchased by the Foundation which has the dual function of being a diagnostic indicator for bleeding disorders and determining the bleeding status of patients pre and peri-operation.

The PFA works hand in hand with the ROTEM to ensure comprehensive diagnoses during critical bleeding assessments.

Toowoomba Hospital Foundation CEO Alison Kennedy said that the Foundation was incredibly proud to be able to provide these vital pieces of equipment to the hospital.

“This is a significant donation for the Foundation and we are so pleased to be able to support our patients with these new devices,” Mrs Kennedy said.



Toowoomba first technology added to Cardiac Investigations Unit

Christmas came early in 2016 to the Toowoomba Hospital's Cardiac Investigations Unit, with cardiac patients now able to benefit from life-saving cardiac investigation technology previously not available in Toowoomba.

A **\$60,000** high level disinfection system funded by the Toowoomba Hospital Foundation (THF) now calls the Toowoomba Hospital home, offering staff and patients quicker diagnosis.

The disinfection system joins a number of other big ticket items purchased by the Foundation for the cardiac unit including a **\$314,402** cardiac ultrasounds system purchased last year, and the **\$82,000** transoesophageal echo probes which the disinfection system has been purchased to clean.

This growing list of state-of-the-art cardiac-specific equipment has enabled the Darling Downs Hospital and Health Service to establish its own echocardiography service, a service which continues to go from strength to strength Toowoomba Hospital Cardiac Investigations Unit supervisor Feena Enfantie said.

"Equipment such as this is allowing the hospital's current echocardiography capacity to double," Mrs Enfantie said.

"This new equipment, along with the ultrasound machine and transoesophageal echo probes that the Toowoomba Hospital Foundation has kindly funded, allows us to provide services that were not previously available in Toowoomba - which is extremely exciting."

"Previously to clean the scopes took anywhere from 20 minutes to an hour, however with the new disinfection system we are able to cut this time down to about three and a half minutes.

"This means we can assess patients quicker and at greater volumes which ultimately leads to timely treatment, which in cardiac cases is extremely important."

In addition to the equipment above, the Toowoomba Hospital Foundation also purchased a cardiac-specific scanning couch and sonographer chair, both of which have greatly increased comfort and safety for both the staff and patients.

Toowoomba Hospital CEO Alison Kennedy said the Foundation was proud to have been able to supply this vital unit within the hospital equipment which will, and already is, greatly improving outcomes for both staff and patients.

"To know that the Foundation were able to support our patients and our staff with this new state-of-the-art equipment is really rewarding," Mrs Kennedy said.



AMAZING KATE HELPS CARDIAC INVESTIGATIONS UNIT

The Foundation received an extra special donation which has allowed the purchase of life-saving diagnostics equipment to help hearts at the Toowoomba Hospital.



Earlier in the year, the THF team were approached by Kate Dowdle, a 16-year-old from Leyburn, who wanted to host a fundraising walk as a part of the MAD (Making a Difference) in the Community Challenge. Kate set about running her fundraising event from start to finish and \$430 was raised to go to the Cardiac Investigations Unit – an area Kate felt passionate about.

With the funds raised from the event, Cardiac Scientist at the Toowoomba Hospital's Cardiac Investigations Unit, Feena Enfantie, asked that the funds raised be used to purchase a Home Arrhythmia Monitor (HAM) valued at \$430.

Soon after the funds had been delivered to the Toowoomba Hospital Foundation, the team learnt that Kate herself had a symptomatic irregular heart arrhythmia, which she has had for a very long time. To date, doctors had been unable to find the root of the problem.

The monitors are provided to patients who have symptomatic irregular heart rhythms. Patients take home the monitor for 2-3 weeks and when they feel this irregular rhythm, they hold the monitor to their chest and it will record their heart rhythm at that time.

Typically, an arrhythmia monitor requires being hooked up to a number of cables connected to the monitor which must be worn 24/7 – which makes it difficult for patients as this means they can only wear it for 24-48 hours, and if the arrhythmia

happens outside of this time, it cannot be detected.

The new system however, allows patients to be cable-free, and is a simple machine that is held to the chest when the patient feels their heartbeat has gone into a funny rhythm. Patients can then keep the system for up to three weeks, which increases the likelihood that the arrhythmia will be detected.

Once the monitor is returned, the team within the unit can analyse the data and provide a report to the doctor on the results.

With Kate's medical history, it turns out that she most likely will need to use the Home Arrhythmia Monitor as an investigation tool into her heart arrhythmia.

THF have now stepped in and bought a second machine knowing what a difference these devices can make.

We think this is a great story showcasing that every dollar counts, and that even the smaller pieces of equipment can have a major impact for our patients!

**Because of Kate's generous heart,
we can now help other hearts in our
region!**

CREATING A HEALTH COMMUNITY

At the beginning of 2017, the Foundation teamed up with the Darling Downs Health and Hospital Service (DDHHS) to promote healthy living within our community. We believe that a healthy community is a happy community and we want our patients, their families and the wider community to live their healthiest, happiest lives possible. The “Wellness - Creating a Healthy Community” brand was developed in conjunction with the DDHHS to ensure that this is the reality for our patients, their families and the wider community. “Creating a Healthy Community” is the sister brand to the “Wellness - Advancing Workforce Well-Being” initiative, ensuring that health and

happiness starts in our hospitals with our staff. The initiative has now been rolled out with the development of monthly health blogs and trips and tricks for healthier living being shared through the Foundation’s Facebook page. The DDHHS have been heavily supportive of the Foundation’s work in this space, with hospital staff and representatives readily getting involved with the Foundation’s fun runs/walks promoting the importance of healthy living. We are looking forward to putting further emphasis on this initiative as we move into the next financial year.



Toowoomba Hospital Foundation

Wellness

Creating a healthy community

ADDITIONAL DONATIONS

We want to say “Thanks Mate” to some additional supporters who made the year a success at the Toowoomba Hospital Foundation.

CHILDREN’S HOSPITAL FOUNDATION & WOOLWORTHS’ REGIONAL WALL TOKEN CAMPAIGN

\$48,366 for the Paediatric Unit

SEDL CONTRACTORS

\$1,000 donation for the Paediatric Unit

THE ENGINE ROOM CAFÉ AND DARLING DOWNS BIKE CLUB

\$3,400 donation for the Orthopaedic Unit

OLD SKOOL KROME

\$1,135 for the Paediatric Unit

WORLD KARATE AND KICKBOXING

\$500 donation

B&J DEANE ROSE GROWERS & FLORIST

\$1,906 donation

ROTARY CLUB OF TOOWOOMBA EAST

\$1,000 donation

DANCING STARS

\$1,675 donation for Paediatric Unit

WE CARE - A LEGACY OF CHRISTOPHER ROBERT GERAGHTY

\$2,500 donation for an Acuvein for kids in the Oncology Unit

MYER COMMUNITY FUND

\$7,967.08 donation

OAKEY GOLF CLUB

\$1,000 donation

ORDER SAINT JOHN OF JERUSALEM

\$1,500 donation

PREMIER CONDITIONING

\$1,000 donation

DARLING DOWNS METALS

\$10,000 donation

AUSSIE OUTDOOR SHEDS

\$3,000 donation

DOWNS VINTAGE MACHINERY CLUB

\$500 donation

GOOMBUNGEE INVESTMENT

\$2,000 donation

ROTARY CLUB OF TOOWOOMBA CITY

Donation \$1,500

TOOWOOMBA ROAD RUNNERS

\$3,000 donation

TRIPLE M GIVE ME 5 FOR KIDS

Brightening the lives of sick kids in our community.

The month-long appeal is held in June every year and raises much needed funds for the needs of local paediatric patients. As the beneficiary of Triple M's Give Me 5 for Kids Appeal, the Toowoomba Hospital Foundation is able to direct all the funds raised towards the needs of the Toowoomba Hospital's Paediatric Unit, purchasing vital new equipment. Preliminary reporting shows that this year's appeal raised over \$70,000 to purchase four vital patient monitoring systems for the ward. We are pleased to announce that the monitoring systems have now been ordered.

THERE WERE A NUMBER OF WAYS THE COMMUNITY GOT INVOLVED WITH THIS YEAR'S APPEAL.

GM5FK GOLF DAY
\$12,000 raised.

TEDDY BEARS' PICNIC
\$6,000 raised

LADIES DIAMOND LUNCHEON
\$15,000 raised



HARVEY NORMAN TOOWOOMBA SALE

Each year, Harvey Norman Toowoomba support our sick kids through their special sale in June. This year the sale raised \$15,000 to go towards the Triple M GM5FK Appeal.

A major thank you to Heritage Bank who supported the Appeal again through a donation of **\$7,500**.



MEET OUR HOSPITAL STAFF

Every day, staff at the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home work their hardest to ensure the best outcomes and opportunities for our patients and their families.



Meet Feena

CARDIAC SCIENTIST, CARDIAC INVESTIGATIONS UNIT, TOOWOOMBA HOSPITAL

Can you tell us a little bit about your role at the Toowoomba Hospital?

I am a Cardiac Scientist in the Cardiac Investigations Unit and Operations Manager for the unit, which is a relatively new unit to the hospital. We focus on non-invasive cardiac diagnostics and specialise in echocardiography.

What's the most rewarding thing about your role?

The most rewarding part of my role is being able to offer services that traditionally patients have had to travel to Brisbane for. Every now and then you sit back and think about what we have achieved in such a short time and I am proud of what we have accomplished as a unit and cardiology service.

Has the Toowoomba Hospital Foundation impacted your time at the hospital, and if so, how?

Yes. Pretty much without the Toowoomba Hospital Foundation we would not exist to this capacity. Prior to assistance from the Foundation, we only had the ability to run one echo machine to cover standard transthoracic echo. With the funding, we now have another cardiac ultrasound machine, transoesophageal echo probes and storage cabinet, and a state-of-the-art cleaning system for the probes which increases the number of patients that can be seen on the day of the clinic. This allows us to not only run two machines for transthoracic echo, which is greatly needed, but also start three new services. So, essentially without the Toowoomba Hospital Foundation, this would not have all progressed so quickly and we would not be able to provide these services. I am a big fan!

Meet Andrea

NURSE UNIT MANAGER, REGIONAL CANCER CENTRE, TOOWOOMBA HOSPITAL

How many years have you been at the Toowoomba Hospital?

This will be my 28th year. Back when I started it was hospital-based training, I was the second last intake group for the hospital base, and I have worked in every area of this hospital throughout my career.

What's the most rewarding thing about your role?

I think that I've got an amazing group of staff that work for me, so it is a pleasure coming to work every day and working with the staff. They bring 100% every day, and give the best of themselves.

Working with the patients is also quite rewarding. Most people struggle to understand how as nurses we can manage to work in this area, but in actual fact it's quite a happy area to work in because the patients usually come in the worst part of their lives, but with some of the best attitudes you ever see.

Has the Toowoomba Hospital Foundation impacted your time at the hospital, and if so, how?

I've had the pleasure of working with the Toowoomba Hospital Foundation for a number of years and I think that one of the biggest things for me is that the Toowoomba Hospital Foundation has taken on board the various ways I would like to use the funding to better the outcomes of patients. So we don't just focus on equipment anymore, we are looking at how we use that money to fund positions which are desperately needed in order for us to advance our cancer treatments.

PLLC RESEARCH GRANTS

Pure Land Learning College funds health research

Each year Pure Land Learning College donates \$120,000 towards local research projects by staff employed at the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home.

This year, six successful applications for funding were granted resulting in the following research projects:

MS PRIYA MARTIN

“Factors that contribute to high quality clinical supervision in allied health: A mixed methods sequential explanatory study.”

MS PRIYA MARTIN & TEAM

“A comparative analysis of supervision training modes.”

PROFESSOR SCOTT KITCHENER

“Farm injuries presenting to hospital and emergency departments on the Darling Downs, Granite Belt and South Burnett regions.”

DR SHEILA COOK & TEAM

“Effectiveness of the physician in the practice model for managing patients with Type 1 Diabetes in Toowoomba and the surrounding region.”

DR PENNY HUTCHINSON & TEAM

“Assessing Q Fever understanding in General Practice.”

DR ANN TYNAN & TEAM

“Occupational Therapist led environment assessment and modification to prevent falls in older people in regional and rural settings: A pilot study using Implementation Science.”



HOW YOU CAN HELP



Volunteer With Us

Your time is one of the most precious gifts you can give. From helping with day to day activities in our office, to assisting at our community and fundraising events, volunteers help us to raise vital funds for our hospitals.

If this sounds like you, our Relationships Manager Rosemary Davis would love to hear from you!

You can reach Rosemary on (07) 4616 6166 or email Rosemary.Davis@health.qld.gov.au.

Make A Donation

Your donation helps us ensure that our patients have access to state-of-the-art equipment, and that our staff are at the forefront of what they do through research scholarships, training and staff development.

For more information visit:

<http://toowoombahospitalfoundation.org.au/how-you-can-help/donate/>



Create a Fundraising Page

Fundraising is one of the most powerful and fun ways you can make a difference to our staff, our patients and their families. There are a number of ways for you to get involved and start fundraising for the Toowoomba Hospital Foundation. Whatever you choose, your only limitation is your imagination, and your efforts are guaranteed to make a real difference to our staff, our patients and their families.

For more information visit our website: www.toowoombahospitalfoundation.au/how-you-can-help/fundraise

Bequests

Leaving a gift to the Toowoomba Hospital Foundation is one of the most compassionate gifts you can give, and allows the Foundation to continue to support our staff, our patients and their families. You can make the life of a staff member a little easier, the day for a patient a little brighter, and bring peace of mind to the loved ones of patients – even after you are gone.

For more information or a confidential discussion regarding leaving a gift in your will, please contact Toowoomba Hospital Foundation's Relationships Manager Rosemary Davis by phoning (07) 4616 6166 or email Rosemary.Davis@health.qld.gov.au.



TOOWOOMBA
HOSPITAL
foundation

*with a
little help
from our
mates*



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